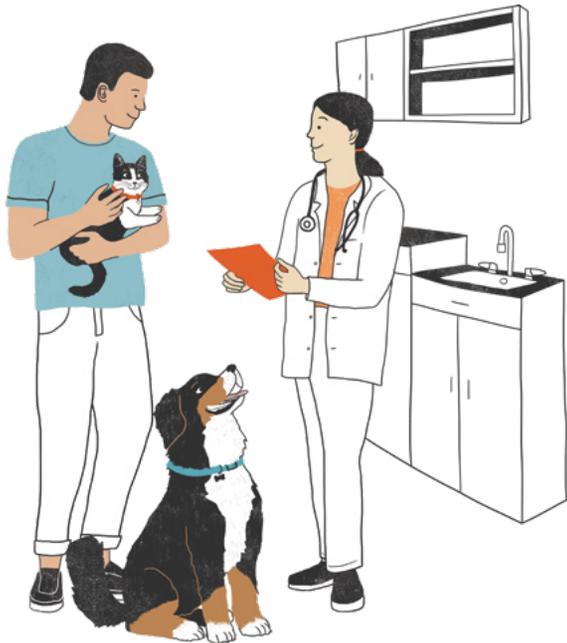


# PET HEALTH CHECKLIST

Preventative care can help your furry friend live a longer, healthier, and happier life! Keep your pet in tip top health by following these vet-approved guidelines.

Remember, your vet is always your best resource so please contact them with any questions or concerns about your pet.



## Wellness Visits

Typically will include a thorough, full body physical exam to help detect diseases in their early stages, track behavioral and weight changes and provide a time for you to ask questions, and receive tips for at-home care. Potential topics to cover:

- Behavior
- Nutrition
- Housetraining issues
- Oral Health
- Parasite control
- Vaccination
- Diagnostic testing

## Parasite Prevention

Year-round protection is strongly recommended. Medications should protect against common, harmful pests, including:

- Ticks
- Fleas
- Heartworms
- Intestinal parasites

## Routine Vaccines

- RABIES** (required in most states for cats and dogs): Protects against an untreatable disease, which can be transmitted to humans and other animals

### DOGS

- DAPP:** Protects against distemper (fatal pneumonia and neurologic disease), adenovirus (causes potentially fatal liver disease), parainfluenza (flu-like virus) and, parvovirus (potentially fatal gastrointestinal disease especially dangerous in puppies)
- LEPTOSPIROSIS:** Protects against contagious, zoonotic bacteria spread by contaminated water, which can cause liver damage, kidney damage, flu-like symptoms, and in some cases may be fatal
- CANINE INFLUENZA VIRUS** (also known as dog flu): Protects against this highly contagious respiratory disease that spreads through direct contact, coughing, and sneezing
- BORDETELLA** (also known as kennel cough): Protects against this easily spread respiratory disease. The vaccine is required for boarding and grooming facilities.
- LYME DISEASE:** Protects against this tick-borne disease, which can cause lifelong arthritis, heart disease, kidney failure and is potentially fatal

### CAT

- FVRCP:** Protects against feline virus rhinotracheitis and calicivirus (both affect respiratory system), and panleukopenia (known as feline “distemper” can cause a multitude of clinical signs)
- FeLV:** Protects against feline leukemia virus, which can attack the immune system and bone marrow

# PET HEALTH CHECKLIST



## Things to Watch Out For

If you see these signs or have concerns, contact your vet.

- EYES:** Redness, watery eyes, squinting, or green/yellow discharge
- MOUTH:** Swelling, foul breath, or bleeding in gums. Teeth should be clean and white.
- SKIN:** Red or irritated spots, visible fleas or ticks, a strong/foul odor, flaking, loss of hair, or lumps and bumps (look under collar, near groin, and on legs)
- EARS:** Foul odor or extensive head shaking/scratching ears.
- BONES, JOINTS, AND MUSCLES:** Limping when walking or running; pain noted while petting or playing; reluctance to climb stairs or jump up or down from couch or bed
- BREATHING:** Labored or shallow breathing, coughing, wheezing, or green/yellow nasal discharge
- DIGESTIVE:** Diarrhea, vomiting, loss of appetite, or straining to use the bathroom

## Preventative Testing

Establishes a healthy baseline, evaluates disease risks, and may uncover conditions.

- A DENTAL EXAM:** Screens for gingivitis, oral disease, and tooth decay or loss
- COMPLETE BLOOD COUNT (CBC):** Provides info on blood cell counts to detect anemia, inflammation, and platelets involved in blood clotting
- URINALYSIS:** Provides info on the urinary system
- INTESTINAL PARASITE (Fecal):** Screens for gastrointestinal parasites
- INFECTIOUS DISEASES:** Screens for parasitic diseases such as heartworm and tick-borne diseases, like Lyme disease, in dogs and retroviral diseases in cats.
- THYROID TESTING:** Determines if the thyroid gland is functioning normally
- BLOOD PRESSURE:** Screens for elevated or lowered blood pressure
- ELECTROCARDIOGRAM:** Provides assessment of heart rhythm
- ADVANCED TESTING:** Suggested for senior pets, at-risk breeds, disease monitoring
- CHEMISTRY PANEL:** Provides info on organ systems, important proteins, and electrolytes

Get more tips and advice on how to keep your pet happy and healthy on [zoetispetcare.com](https://zoetispetcare.com)